

Introduction

This is swami ji's grace that Vihangam Yoga Sant Samaj is growing at a never before pace. So should the resources we have, to serve the people better. Based on the increasing requirements and to provide more and more facilities to people, few ambitious projects have been planned. This document gives a brief description about all the projects planned and the requirements.

Proposed projects

Project Name	Expected Cost
1. Swarwéd Mahamandir : (The Swarwéd temple)	Rs. 75 crore (US\$ 16mn)
2. Sadguru Sadafal Chikitsálaya : (The hospital)	Rs. 251 crore (US\$ 53mn)
3. Sadguru Sadafal Vidyapeetha : (The education centre)	Rs. 125 crore (US\$ 28mn)
4. Vriddhashrama : (The old age home)	Rs. 5 crore (US\$ 1mn)
5. Goshala : (The dairy farm)	Rs. 5 crore (US\$ 1mn)
6. Prakritik Chikitsa kendra : (The Naturo-therapy centre)	Rs. 5 crore (US\$ 1mn)
7. Ayurvedic Aushadhi Kendra sah Ayurvedic Chikitsalaya : (The Ayurvedic hospital)	Rs. 5 crore (US\$ 1mn)
8. Atithi Niwas : (Guest house)	Rs. 15 crore (US\$ 3.2mn)
9. Yoga Prashikshan sah Anusandha Kendra : (Yoga training and research centre)	Rs. 15 crore (US\$ 3.2mn)
Total cost :	Rs. 501 crore (US\$ 106mn)

1. Swarwéd Mahamandir

(The Swarwéd temple)

There has always been a need to build a state of art temple, which will not only be rich in the spiritual values like any other Vihangam Yoga *teertha* (holy place), but it should be able to serve a huge number of disciples as well. This dream will come true soon as the Swarwéd Mahamandir (*great temple*) is planned to be built in a village called Mudali in Umraha: fourteen kilometres from the holiest city in India, Varanas. It's located on the Gazipur-Varanasi nation highway, next to Sarnath.

This temple will not only be the paramount spiritual centre and an excellent meditation centre, it's going to be a centre of social and cultural awareness as well. With its attractive, soothing ambience, this campus is going to present yet another example of rich Indian architecture. Being a breathtaking symbol of India's unique spiritual assets, this holy centre is devoted for the complete human race: for their religious, moral, social, educational, cultural and spiritual growth.

The Swarwéd Mahamandir will preserve the complete history of Vihangam Yoga. Written by the founder of Brahma Vidya Vihangam Yoga, Maharshi Sadafal Dev Ji Maharaj, **Swarwéd** is the finest spiritual book ever written. He himself says in the preface of the book: "*Swarwéd is the conscious, vivacious luminance of my inner self and it is the divine light of my heart, which is the everlasting source of life and energy to my true followers*". This divine book describes all elements of the *Brahma Vidya*: the external form, the theoretical knowledge about it and practical ways of pursuing it. This book will always inspire, enlighten and guide all the people having curiosity and consciousness towards spirituality. All the verses of Swarwéd will be carved on premium marble. The spiritual consciousness will invoke inside the person reading it. This temple can hold a huge ten thousand strong crowd for *sádhana* (meditation) at a time.

Details about the Mahamandir:

- i. Total building area : 37,500 m²
- ii. Expected cost : Rs. 75 crore (US\$ 16mn)

2. Sadguru Sadafal Chikitsálaya

(The hospital)

“Our body is the medium or agent for achieving anything” is an ancient Indian saying. To help people follow it, and with a determination for serving humanity, a modern hospital is proposed. In the initial stage, it'll host 100 beds. It will be specialized for common, yet very serious health disorders like cardiac troubles, cancer, diabetes and eye problems. This hospital will have special provisions for serving underprivileged people. This medication centre will work as a unique service centre towards humanity, where divine blessings add to the effect of medicines, resulting in a speedy recovery of a patient. Apart from the treatment through latest medical science, the patients will be taught the all-time-trusted Indian skill, Yogásana, by the very best trainers.

Details about the hospital:

- i. Total Land : 15 Acre
- ii. Medication Units : total four - Cardiology, Oncology (Cancer), Diabetes and ophthalmology (Eyes care)
- iii. Expected building area : 50,000 m²
Expected cost : Rs. 251 crore (US\$ 53mn)

3. Sadguru Sadafal Vidyapeetha **(The education centre)**

Sensing a need of establishing a premium educational institute, with a proper synchronisation between the ancient Vedic values and the needs of modern age, a school, a temple of education has been planned. In this institute, the students will get the essence of rich Indian culture along with the modern science and technology. The aim of this institution is to create a well cultured, independent personality, having a true Indian character with patriotism and the enlightenment of true spirituality. The students passing out from this school will have the zeal and of course, capability of making the whole country proud of them.

Details about the school:

- i. Total Land : 15 Acre
- ii. Present building area : 42,000 m²
- iii. Expected building area : 50,000 m²
Expected cost : Rs. 125 crore (US\$ 28mn)

4. Vriddhashrama

(The old age home)

Mother and father are considered as great as god in Indian culture. Understanding the importance of this principle, this Vriddhasrama is planned to give an esteemed life to the old aged people. In the first phase, a total 50 people will benefit from this unit. Taking care of all the needs of an elderly person, there will be suitable arrangements for their entertainment and healthcare. Having separate sections for men and women, this centre will guide them for their spiritual growth as well. This *Vriddhashrama* will work as an ideal centre towards social service and it'll teach the skill of leading a respectable, independent and cheerful life to the elders.

Details about the centre:

- i. Total building area : 2500m²
- ii. Expected cost : Rs. 5 crore (US\$ 1mn)

5. Goshala

(The dairy farm)

In the Indian culture, there are four respected G's: **Gô** (the cow), *Ganga* (the Ganges River), *Gayatri* and *Guru* (*the teacher*). Since ages, cow has been considered as the mother because of its contribution towards human culture. It is worshipped in all the religious events. In India, being rich in agriculture, the religious as well as national value of a cow is worth paying attention to.

For the same cause, a '*Goshala*' is planned under the **Swarwéd Mahamandir** project. It'll house a huge dairy farm as well. This farm will help us service the *Gô-maata* (the mother cow) and will fulfil the need of pure and good quality milk in the campus.

Details about the unit:

- i. Total land area : 5 acre
- ii. Total building area : 2000m²
- iii. Expected cost : Rs. 5 crore (US\$ 1mn)

6. Prakritik Chikitsa kendra **(The Naturo-therapy centre)**

Today **natural therapy is known as the best** way of treatment. This method uses no medicines. There are special ways to detect the root cause of the disease and the patient is treated on physical, mental, moral, psychological as well as spiritual level; resulting in permanent recovery. The body is healed by curing the mental and psychological faults of a patient through organised living and by using natural methods. To avail the benefits of this unique and effective therapy, the organisation has a proposal of establishing a super speciality naturotherapy centre having all facilities.

Details about the centre:

- i. Total land area : 3 acre
- ii. Total building area : 2000m²
- iii. Expected cost : Rs. 5 crore (US\$ 1mn)

7. Ayurvedic Aushadhi Kendra sah **Ayurvedic Chikitsalaya** **(The Ayurvedic hospital)**

Ayurveda is the science of keeping the body healthy, by suitably using the herbs having medicinal values. This ancient method, originated in India, is practiced since the Vedic age. Based on ancient Ayurveda books like *Charak Sanhita*, *Dhanwantari*, *Vanaushadhi*, *Chandrodaya*, *Rasendrasaar sangrah*, *Yoga ratnakar*, *Bhaishajanya ratnawali*, *Vaidya Kalpadrum* and *Siddhayoga sangraha* and under the guidance of experienced and skilled doctors, a well arranged Ayurvedic pharmacy and hospital are proposed.

Details about the hospital:

- i. Total land area : 3 acre
- ii. Total building area : 2000m²
- iii. Expected cost : Rs. 5 crore (US\$ 1mn)

8. Atithi Niwas

(Guest house)

"Atithi Devo Bhava" (the guest is god) is one of the fundamental values of Indian culture. Inspired by this, a guest house has been proposed by the organization, to provide suitable accommodation to all the guests from all over the world in the campus. This guest house will have arrangements for a common man to VIPs. Other than a good eatery and reading room, it'll house a peaceful meditation hall also, to help them gain spiritual energy.

Details about the guest house:

- i. Total land area : 2 acre
- ii. Total building area : 3000m²
- iii. Expected cost : Rs. 15 crore (US\$ 3.2mn)

9. Yoga Prashikshan sah **Anusandhana Kendra** **(Yoga training and research centre)**

Today the importance and power of the science of yoga is well known everywhere. Yoga is a science of inner consciousness. Researches have started in many countries to analyze the effects of practicing yoga on the body, mind, life powers and thinking. To give a shape to all Yoga related research and studies, a training and research centre has been proposed. Possessing ultra modern techniques, this centre will prove the capabilities of yoga scientifically. All types of yoga training will also be provided here, by yoga experts. This project is planned to be a state of art and unique yoga centre. The research centre will find out all capabilities of yoga through the modern medical science.

Details about the guest house:

- | | | |
|------|---------------------|-----------------------------|
| i. | Total land area | : 3 acre |
| ii. | Total building area | : 3000 m ² |
| iii. | Expected cost | : Rs. 15 crore (US\$ 3.2mn) |

A thankful request for the projects' implementation

With a pledge to work towards the complete development and well being of mankind, the organisation is proceeding with the implementation of above projects. In this sacred campus, the basement of Swarwéd Mahamandir has already been laid and the rest is under construction. All other sites e.g. the hospital, old aged home, school, dairy farm, Ayurvedic hospital, Guest house and Yoga research centre etc are in the last phase of scheduling.

Let us all participate actively in the implementation of this esteemed, sacred project. Let us take a pledge "**satya kám, satya sankalp**" and contribute open-heartedly to this mega project to the best possible extent.

Addressing the complete man kind, the founder of Brahma Vidaya Vihangam Yoga, Mararshi Sadafal Dev Ji Maharaj has quoted:

*"सुख व शान्ति सब को मिले यह उपदेश हमार।
सारा विश्व हमार है हम हैं सब संसार॥"*

**Sukha wa shánti sabko mile, Yah updadesh hamár |
Sára vishwa hamár hai, ham hain sab sansár ||**

Let happiness and peace pervade throughout, this is what my message is.
The entire world is mine and I am for the entire world.

This message is a clear indication of His concern about all the people on earth. To serve the same cause, and with an aim to work towards the well being of all the people, let us come, join the fortunate people who made this project possible.

*"धन काया मन वचन से, सन्त परम गुरु सेवा।
आरत दीन अधीन हो, अनुगामी गुरु देव॥"*

**Dhan káya man wachan se, sant param guru sev |
Árat deen adheen ho, anugámi guru dev ||**

Sadguru and His cause should be served with complete devotion and selflessness, abiding by all his instructions and rules, in four ways: financially, physically, mentally and verbally.

The Vihangam Yoga family thanks you for all your contributions, support and suggestions.