

SVAGAT GAN

(Welcome Song)

to

The Nitya Anadi Sadguru

(The Eternal True Teacher)

Āja svāgat nitya guruvara
Santa s'ubhāgama āyiyei
Adhyātma vidyā divya jyoti
Soma rasa barasāyiyei
Dosa duraguna dūra karikei
S'uddha hansa banāyiyei
Bheda gama gati jnāna garajana
S'akti dvāra hatāyiyei

Khulei dvārā s'abda sāgara
Bhakta jana anhavāyiyei
Jana sadāfala vis'va s'ks'aka
S'āna ana bacāyiyei
Āja svāgat nitya guruvara
Santa s'ubhāgoma āyiyei

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MANGALA GAN

(SONG BENDICTORY)

Vis'va s'ānti nāma mangala

Parama guru ko dhyāyiei

Varga dvandva as'āntī dura kara

Bhāva bheida mitāyiei

Sārva bhauma samasti sattā

Adhyātma rājya banāyiei

Bhesa bhāsā bhāva jagamay

Jnāna para daras'āyiei

Samrddhi sukha s'anti darātala

Svarga bhūmi banāyiei

Vis'va s'iks'aka jana sadāfala

Nīti svara apanāyiei

Vis'va s'āntī nāma mangala

Parama guru ko dhyāyiei

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VANDANĀ

Composed by His Holiness
Anant S'ri Sadguru Sadafaldeo Ji Maharaj
Maharshi Sadafaldeo Āshram
Ganga-Bank, Jhunsi (Allahabad)
U.P. (India) Pin - 211019

Prathama vandau guru carana,
Jina agama gamya lakhāyiyā
Guru jnana dīpa prakas'a kari,
Pata kholi dars'a dikhāyiyā
Jehi kārane siddhā pacei,
So guru krpā se pāyiyā

Akaha mūrati amiya sūrati
Tāhi dekhi samāyiyā
Nitya anādi deva bandī chora
Sada guru cinmayam
Viveka nidhi dukha pāra māyā
Divya vapu karunā mayam
Svachanda vis'va triloka mānhī
Bhramita hansana sukha mayam
Karma bhrama kā kāti fandā
Deva pada amrta mayam
Deha tava guna tattva nyārī,
Racita kartā kī nahīn

Upades'a hita tana vividha dharyo,
Prakata cāro yuga mahī
Ades'a saccidānanda kā lei,
Mukti bhakti tattva kahī
Kṛta kṛtyatā pada hansa dīnhā,
Parama pada nija ghara rahī
Siddhānta tava paracāra hita,
Main bhaumi sāre rami rahūn
Jīvana māyā karma fande,
Sujhata nā kitano kahūn
Dhvajā s'veta 'aa' abheda ankita,
Vis'va faharane cahūn

Agjnā tumhārī satya rākho,
Jana 'Sadāfala' pada gahūn
Doha :- Sadguru pankaja carana raja,
Vandau parama punita
Jāhi kṛpā bhava duhkha mitei,
Bhākti milei satacita
Moha punjatama jagata nis'i,
Ravi guru vacana prakasa
Nija svarūpa vāstava milei,
Saras'abda kara vasa
Sāra s'abda guru eka hain,
Yāmein bheda na mān

Bheida mān bhava kūpa parde,
Nirabhedī niravāna
Namo brahma gurudeva,
Namo saba jagata adhāram
Namo saccidānand,
Namo sadguru bhava tāram
Namo s'uddha parabuddha,
Namo paramukta svabhāvam
Namo gunā ātīta,
Namo nās'aka bhava dāvam
Namo akhanda pracanda,
Namo prabhu māyā pāram

Namo alekha adekha,
Namo advaita akāram
Namo acintya aniha,
Namo nihtatva svārūpam
Namo anādi agādhi,
Namo nirvikāra anūpam
Namo is'a jaga dīs'a,
Namo nas'aka bhava kūpam
Namoajanma acheda,
Bheda tava veda so pāram
Brahmavidyā guru ādi,
Anādi satata paracāram

Brahmadika nahin jāna,
Binā tava krpā agāram
Māyā jāla apāra,
Bajhei tāmei sansārā
Sura nara muni gana yak'sa,
Nāga kinnara bahava dhārā
Sahata kasta bahutera,
Karma aura bhram ke sadhe
Lakha caurāsī yoni bharami,
Jiva maya bāndhe
Sadaguru dīna dayāla,
Jahi para kiripā kinhā

Todi moha bhrama jāla,
Amara pada pala mein dinhā
Nirākāra sākāra pāra ho,
Satya nirdhāra
Aja anādi guru deva,
Bheda turyā se nyarā
Santana ke hīta lāgi,
Svatah nara dehī dhārā
Saras'abda daras'āya,
Jagat sei hansa ubārā
Gupta rahyo sansāra,
Prakata anurāgī pāyo

Bahutaka hansa cetāya,
 Jnāna de loka pathāyo
Vinavata dāsa adhīna,
 Dīna para dāya kijai
Moha s'oka dukha dvanda,
 Nās'i prabhu nija pada dijai
Kama krodha mada lobha moha,
 Tama ghata andhiyārā
Anubhava jnāna prakashi,
 Nāsi bandhana chutakārā
Jnāna virāga viveka hīna,
 Main bālaka bhorā

S'arana gire kī lāja,
 Rākhu karunā nidhi morā
Kāmī kutila labāra,
 Kumati visayana anurāge
Sadguna hīna malīna ,
 Kāmanā tana mana pāge
Nija avaguna kyā kahūn,
 Jāna saba antarayāmī
Kevala krpā kataks'a,
 Āpake tarihon svāmi
Nahi kachu karma acāra,
 Yoga japa tapa nahin sādhon

Nahin mohi dūsara ās’a,
Na dūsara deva arādhon
Kevala āpa adhāra,
Trāhi main trāhi pukāron
Main toa dāsa ajāna,
S’arana main s’arana ucāron
Deva sadafal dina,
Vinaya pani yuga jorī
Vinaya as’a mama rakhu,
Dayamaya bandi chori
Doha :- S’arana girai kī lāja ko,
Rākhahu krpā nidhān

Bandha mohādika todiye,
Dehu bhakti mama prāna
Bhava nidhi agama apāra hai,
Sūjhe vāra na pār
Nāva kavata patavāra nahīn,
Kehi vidhi utaron pār
Bhakti jahāja carhāyike,
Tatva jnāna patavār
Deva sadāfala tārīahun,
Sārs’abda niradhār
Bandau ve purus’a ānanda dātā,
Īs’a bhagavana prabhu mahā

Jana krpā sāgara bhakta vatsala,
S'anti bhava traya dukha mahā
Sanyoga nitya anādi raks'aka,
Srsti paralaya mukti mein
Prabhu ko namah! Prabhu ko namah!,
Prabhu ko namah! Sadyukti mein
Acintya alakha adekha adbhuta,
Rūpa saccidānanda jū
Anupa aja advaita akala,
Aniha jana ura canda jū
Asīma agama apāra anubhava,
Pāra mukti bhukti mein

Prabhu ko namah! Prabhu ko namah!,
Prabhu ko namah! Sadyukti mein
Suddha Buddha mukta svabhāva,
Bhagavan pāhi jana main pāhi main
Svayambhū carācara prānagati,
Prada pāhi jana main pāhi main
Maya dukha rahita jana sukha,
Pradāyaka pāhi jana main pāhi main
Vyāpaka vis'ambhara akhila jaga mein,
Pāhi jana main pāhi main
Vis'vakaratā deva prabhuvara,
Parama divya svarupa jū

Sarvajna sarva sas'akta avicala,
Akaha s'abda anupa jū
Karma kāyā cid s'arana mein,
Jīvana dorī tava dayī
Mana buddhi indriya ghira prakrti,
Ādesa nayagati nija layī
Prakāsa tere ravi prakās'ita,
S'as'i prakāsita s'reya nidhe
Vidyuta tārā agina tava,
Parakāsa'se hain gāti sidhe
Sthāvara jan gama vis'vamaya,
Prakās'a te prākas' tei

Alipta karma asanga jaga se,
Nija prakāsa prakās'a te
Ajnāna vas'a adhāra prabhu taji,
Patana mein jada tana liyā
Pravrti visaya prāvāha nānā,
Karma sādhanā bahu kīyā
Karma bandhana bhoga yonina,
Vividha tana jaga bhrami rahā
Prārthanā prabhu kī s'arana mein,
Patita pāvana kari rahā
Yadi hota mujha mein jnāna prabhu,
Ādhāra kyon mukha feratei

Mukti sadā mana bhāvanī,
hansa vibho vijnān
Tadapi milei mohi bhakti vara,
mīna nīra jimi prāna
Mahā prabhū mama ātamā,
antara yāmī deva
Prema sadāfala eka rasa,
milei bhakti naya seva
Guru sisya hama prabhu kī s'arana mein,
bhaktī apani dijiye
Sīghra prakṛta traiguno ko,
dūra hamase kījiye

Sisya guru mein prema s'antī,
harsa vis'va uddhāra mein
Yoga vidya nīti bala ho,
vitta bala upakāra mein
Atala nija karatavya path mein,
sāhasa bala dina dina barhe
Jijnāsu hokara vis'va āvei,
karma gati hamase parhe
Jada loka cetana loka prabhu se,
nahin kabhi abhimāna ho
Vinatī sadāfala s'isya guru kī,
Prabhu dayā sanmān ho

Tum bin aura na meirā,
Prabhu s'arana gahūn kīnakī
Tuma svāmī jaga tārana,
S'arana s'arana terā
Prakṛti svabhāva mitao,
Sahaja svarupa merā
Dīna dayāla dayāmaya,
Santan santapati
Bhakti milei anapāyinī,
Ārata prema gatī
Sadguru bandī chora kī,
Para ārati kijai

Carana kamala cita lāyike,
Saba arapana kijai
Pānca tattva bātī barī,
Jagamaga ujjyārā
Jaga maga jyoti prakāś'i ke,
Hiya gayā andhiyārā
Deva parama ārādhyā ho,
Mama pūrana svāmī
Janma safala jana māni haun,
Dehu bhakti anāmī
Parama purusa anūpa avicala,
Paramadeva arādhyā hain

Virahavara anurāga ratā,
Viveka guru gama sādhyā hain
Jnāna dīpa akhanda jyoti,
Madhura dhvani anahada baje
Dhara ahdara ke para sinhāsāna,
Sahaja svāra anubhava gaje

Dhoja :- Guru mūrati gati candramā,
Sevaka nayana cakora
Palaka palaka nirakhata rahe,
Guru mūrati kī oara
S'veta s'veta maya s'veta hai,
s'veta s'veta maya s'veta

Tīna pāda amrita bharā,
s'veta mahanada s'veta
Asta cakra saba s'ūnya para,
dhara adharā ke par
Tahān sadāfal ghara kiyā,
bhūli padā sansār

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DHVAJA BHIV ADANA

S'veta dhvajā madhumata mama pyārā
Sadguru sār's'abda saba pārā
Brahmavidyā ke teja prakās'e
Jnāna pūrna maya saba tattva bhās'e
Bhakti soma rasa antara vāse
Bāhāra bhītara s'abda adhārā (1)
Teja prātāpa mahābala gāje
Anurāgī ura anubhava rāje
Arimana māyā dekhata lāje
Dvesī durjana oja sanhārā
Bhūmandala faharā nevālā

Sahaja yoga dars'āne vālā
Atala bhakti guru denevālā
Saba mata pūjita hai mata sārā (2)
Vijayī vis'va akhandita rāje
Saba sukha dei sāre dukha bhāje
Pīdita jīva s'anti mila āja
Aja gurudeva bheda tata pārā (4)
Santa samāja santa mata sārā
ūnca dhvajā nita rahe hamārā
Dhvajā āna para saba kucha bārā
Deva 'sadāfala' aks'ara nyārā (5)

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SANTI PATHA (Peace cant)

Dyau s'ānti mahi s'anti ho, āpa s'ānti s'as'i s'anti
Ausadhiyon kī s'ānti ho, aura vanas pati s'ānti (1)
Vis'va devon kī s'antī ho, aks'ara antara sānti
Panca s'abda kī s'ānti ho, antariks'a ki s'ānti (2)
S'ānti samudra apāra hai, amita ananta hai s'ānti
So svarūpa para s'ānti ho, sarva s'anti ho s'ānti (3)
Nihaks'ara kī' s'ānti ho, nitya asīma hai s'ānti
Apa s'anti saba s'ānti hai, sarva s'antimaya s'ānti (4)
Aja sukrta guru s'ānti ho, svayam siddha guru s'ānti
Abhyāsa siddha guru s'ānti ho, paramparā guru s'ānti (5)

Santa antarī s'aānti ho, mukta hansa kī s'ānti
Pūrna jnāna kī s'ānti ho, bhakti mahā sukha s'ānti [6]
Sahaja samādhi s'ānti ho, jivan mukta kī s'ānti
Dayā dharma kī s'ānti ho, nija svarūpa kī s'ānti [7]
Virāga tyāga kī s'ānti ho, udāsīnatā s'ānti
Sevājita s'is'ya s'ānti ho, satya s'ānti ho s'ānti (8)
Hei prabhu s'ānti svarūpa ho, s'ānti s'ānti maya s'ānti
S'ānti s'ānti jana s'ānti ho, pūrna s'āntimaya s'ānti (9)
Hei prabhu s'ānti pradāna kara, dūra ho sarva as'anti
Deva sadāfala s'āntimaya, s'ānti s'ānti sukha s'ānti [10]

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Gayatri Mantra (Guru Mantra)

Om bhurbhuvah svah Tatsaviturvarenyam bhargo
devasya dhimahi dhiyoyo nah pracodayat

Process: - This mantra has to be recited eleven times
both morning and evening

PRĀNĀYĀMA MANTRA

Om bhuh Om buvah Om svah. Om mahah Om janah Om
tapah Om satyam.

Process: - This mantra should be repeated while
performing prānāyam

Ādi Upadestā: - Amar yogi ananta S'ri Sadguru
Sadafaldeo Ji Mahārāj, Abhyasasiddha Sadguru, S'unya
s'ikhar As'ram, Himalayas

Present Paramparā Sadguru Ācārya S'ri Swatantradeo ji
Mahārāj, Parama Tīrtha Sadgurudhām Vrittikūta
As'rama, Pakadi (Ballia) U.P. (India)

Rule For Yoga Practice

- (1) You will have to practice yoga firmly seated in
Brahmauhūrta (early hours of the morning before sun-
rise)

- (2) You will have to practice yoga every morning and evening at least for one hour
- (3) You will have to offer prayer both morning and evening
- (4) You will have to recite 'Svarveda' both morning and evening
- (5) The practitioner serving his Sadguru sincerely and regularly is of first order
- (6) All should serve and listen to discourse of Sadguru-saints

Our Addresses For Contact

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